

Enhance your functional applications with the **Primus PRO Package™**

Developed with input from physical therapists and athletic trainers to the pros, the PRO Package™ for Primus will expand your treatment, testing, and performance enhancing options.

Take your clients through the natural functional progression from isolation to integration. Help them achieve optimal outcomes through a greater specificity of training.

The PRO Package™ paired with the PrimusRS and its advanced training modes are the perfect combination to get your clients back on the field, back on the job, or back at home.

Visit btetech.com for the latest news and to see video clips of the PRO Package™ in action!



**To enhance your Primus applications,
contact BTE Technologies at 410.850.0333.**

PRIMUS PRO Package™ Components



Chop / Lift Bar

- PNF Trunk Patterns
- Chop / Lift motions
- Rowing
- Pulling / Pushing



Padded Harness

- Front and side lunges
- Squats
- Resisted gait training
- Single leg dead lift



Ankle Attachment

- Inversion / Eversion
- Foot Intrinsic
- Post-Op / Injury CPM



Waist Belt Cinch Strap

- Front & side lunges
- Squats
- Resisted gait training
- Hip Turn
- Drop Step



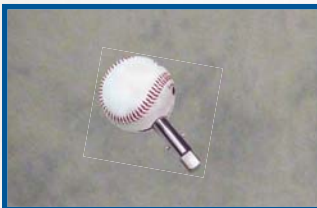
Baseball (or Cricket Ball*) Handles

- Elbow flexion/extension
- Shoulder internal/external rotation
- Wrist flexion/extension
(when used with platform attachment)
– 701 tool not included –



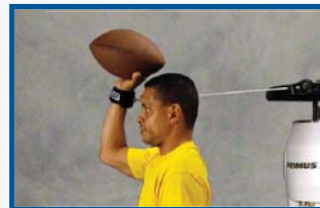
Thigh Cinch Strap

- Gluteal strengthening
- Hamstring strengthening
- Quad strengthening
- Hip flexors strengthening
- Resisted gait training



Baseball (or Cricket Ball*) Attachment

- Pronation/supination
- Radial/ulnar deviation
- Functional grip strength
- Wrist flexion/extension



Padded Velcro® Wrist Straps

- Football throw
- PNF patterns
- Shoulder stability
- Scapular stabilization



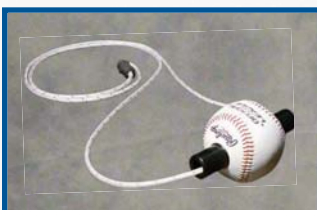
Baseball(or Cricket Ball*) and Softball with Loop

- Simulate baseball, softball, cricket ball* throw/pitch
- PNF diagonal patterns
- Triceps extension
- Scapular retraction/adduction



Ankle Cinch Strap

- Lower extremity PNF patterns
- Knee flexion/extension
- Long lever hip strengthening
- Hip abductor/adductor work
- Balance/gait training



Baseball (or Cricket Ball*) with Cable

- Internal/external rotation
- Scapular adduction
- PNF diagonals
- 90/90 rhythmic stabilization
- Serratus Anterior press



AIREX® pad (20" x 16.4" x 2.5")

- Proprioceptive and balance training
- Unstable surface for functional progression
- Enhanced core stabilization activities



Swing Tools - Tennis, Golf, Baseball (or Cricket*)

- Simulate swings of tennis racquet, golf club, baseball bat (or cricket bat*)
- Trunk rotation
- Lumbar stabilization
- Elbow extension
- Forearm pronation/supination



* Cricket attachments included in International PRO Package™ only



PRO Package™ includes tool rack pictured on opposite side.

Visit btetech.com today to see these PRO attachments in action!